

Quotes from ancient texts regarding Vaastu

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Vaastu is an integral part of the *Vedic* philosophy of India. Vaastu guidelines fall under the *Atharva Veda* which is the Scripture for engineering. What follows are some of the quotes from ancient texts, that illustrate the importance of abiding by the Vaastu design principles and the benefits they offer to the residents.

- A person gains excellent health, freedom from diseases, birth of children, wealth and high luxuries by following the science of Vaaastu (Sri Viswakarma).
- He who follows the knowledge of buildings is blessed with health, son, wealth and grains. (Sage Narada/Varahmihir).
- To attain health, wealth, children and many other advantages Vaastu principles help to a great extent. Affliction of Vaastu creates sorrows and disappointments. Hence, Vaastu principles were brought into light by sages for the betterment and overall welfare of the society (Samarangana Sutradhara).
- The 18 sages who established the Vaastu principles are also scholars in architecture. These are Bhrihu, Atri, Vasista, Viswakarma, Maya, Narada, Nagnajit, Visalsksh, Purandhara, Brahma, Kumar Swamy, Nandesha, Sounaka, Garga, Vasudeva, Anuruddha, Shukra and Brihaspati (Matsyapurana).

The greatest epics of India, Ramayana and Mahabharata mention about Vaastu across many instances:

- When Lord Rama was exiled, Sri Lakshmana built a thatched cottage as per the Vaastu guidelines for Sri Rama. On seeing this cottage, Lord Rama was pleased and said
“O Lakshman! We will worship and perform a yagna to honor the founder of Vaastu (Vaastu deity) in this hut” - Quote from Shri Valmiki Ramayana
- The ancient city of Ayodhya was built as per Vaastu principles.
- Lord Krishna built his kingdom of Dwaraka according to tenets of Vaastu.

Many temples, such as the Tirupati Sri Venkateswara temple, Sri Ramesvaram temple, Sri Srirangam temple and Sri Jagannath temple in Puri are standing monuments that were designed as per Vaastu.